



### Learning Outcomes:

As a result of this seminar, participants will be able to:

1. Describe how related service providers can provide valuable contributions in working with students experiencing anxiety.
2. List 2-3 ways to collaborate with the educational team to create accommodation plans that focus on building skills to needed to address anxiety.

### Time Ordered Agenda:

**10 minutes:** What is anxiety?

**10 minutes:** Anxiety and impact on participation in general education curriculum

**10 minutes:** Anxiety surrounding return to school following COVID-19 pandemic

**20 minutes:** Steps related service providers can take to address anxiety in students

**10 minutes:** Review of resources for children, parents, and therapists

**Course will be available February 18<sup>th</sup>, 2022 – February 28<sup>th</sup>, 2022.  
Go to [www.ssgpd.com](http://www.ssgpd.com) to login and access this webinar.**

Educational staff of all disciplines in schools support students to ensure the best possible educational outcomes. Anxiety can impact school performance. This training will examine how related service providers, including SLPs, can help the educational team to create accommodation plans that help the student gain skills to deal with anxiety rather than avoid situations that create anxiety

### Presenter:

**Linda Okonsky MS, OTR/L**

Linda Okonsky is a Regional Director of Occupational Therapy Services for EBS Healthcare, Inc. She provides therapist mentoring, supervision of OTAs and assists in the design of trainings for continued competence and best practice strategies for school-based therapists. This speaker has been practicing OT for more than 17 years working with children in the outpatient clinic and school settings. She is an adjunct professor for the OTD program at Widener University.

### Disclosure Statement:

Financial: Linda is paid consultant with SSG/EBS Healthcare. She has no other relevant financial relationships to disclose.

Nonfinancial: No relevant non-financial relationship exists

### ASHA CEUs:

This course is offered for 0.1 ASHA CEUs, Introductory Level

### Cancellation Policy for Live Webinars:

In the event that SSG must cancel a live webinar, an alternate date for rescheduling of the event will be provided to all registered learners within 5 business days. All registered learners will be notified, via email, of the webinar cancellation as soon as possible.

### Additional Information:

For additional information on the course, attendance requirements, special requests, needed accommodations or other information, please contact [Bridge@thestepingstonesgroup.com](mailto:Bridge@thestepingstonesgroup.com)